

SIGNATURE BOX

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. Choice Beef Roast
- 2 lb. Baby Back Ribs
- 2.5 lb. IQF Split Chicken Breast
- 2 lb. Mac & Beef Dinner Entrée
- 1.5 lb. Fully Cooked All White Meat Breaded Chicken Breast Patties
- 1 lb. Lean Ground Beef
- 1 lb. Bratwurst with Cheese
- 1 lb. Frozen Sliced Carrots
- 1 lb. Frozen Whole Kernel Corn
- 8 ct. Frozen Heat & Serve Buttermilk Pancakes
- 10 ct. Whole Wheat Dinner Rolls
- 3 lb. or 4 ct. Large Russet Baking Potatoes
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

\$30.00

SENIOR & CONVENIENCE MEALS

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Chicken Cacciatore** with rice, cauliflower & lima bean/corn blend
- Fettuccini Alfredo** with Brussels sprouts & zucchini
- Salisbury Steak & Gravy** with cauliflower, peas & carrots
- Breaded Fish Sticks** with wild rice, corn & peas
- Chicken & Noodles** with corn, Brussels sprouts
- Spaghetti & Meatballs** with corn, peas & carrots
- Chicken Teriyaki** with rice blend, sugar snap peas & carrots
- Meat Lasagna** with green beans & cauliflower
- Chili with Beef & Beans** with corn/red peppers & peas
- Cheese Manicotti** with green beans, peas & carrots
- Desserts:** Assorted Cookies, Strawberry Frozen Yogurt Cup, Pineapple Fruit Cup, Peach Fruit Cup, Orange Juice, Fruit Punch

\$28.00

5 LB. ALLERGEN-FREE FOOD BOX

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley).

Great for children and adults!

- 1 lb. Breaded Chicken Breast Fillets
- 1 lb. Breaded Chicken Breast Nugget
- 1 lb. Breaded Cubed Steak
- 1 lb. Breaded Chicken Wings
- 1 lb. Breaded Chicken Tenders

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika.

Breading is pre-browned in Canola oil.

\$23.00

6 LB. SEAFOOD PACK

Six pounds of the finest quality seafood assortment available.

- 2 lbs. Jumbo Lightly Breaded Shrimp – Bakeable (42-50 shrimp)
- 1 lb. Oven Baked Stuffed Flounder with Crab Stuffing - 4 stuffed Flounders (4 oz. each)
- 2 lbs. Tilapia Raw Fillets (2 - 1 lb. bags per box each bag contain 3-4 fillets which weigh 3-5 oz. each)
- 1.1 lb. (17 oz.) Oven Ready Crab Cakes 5 crab cakes (3-4 oz. each.)

\$35.00

Specials may now be purchased with or without the purchase of any of the Standard Boxes listed above*

JANUARY SPECIAL #1

- 7 lb. Assorted Meat Grill Box \$23.00**
- 2 lb. Ribeye Steaks (4 x 8 oz.)
 - 2 lb. Pork Roast
 - 1.5 lb. Lean Hamburger Steak Patties (4 x 6 oz.)
 - 1.5 lb. Italian Sausage with Cheese

JANUARY SPECIAL #2

- 5 lb. Assorted Meat & Chicken Combo \$22.00**
- 2 lb. Sirloin Steak Strips (4 x 8 oz.)
 - 1.5 lb. Bacon Wrapped Beef Fillets (4 x 6 oz.)
 - 1.5 lb. Bacon Wrapped Chicken Fillets (4 x 6 oz.)

JANUARY SPECIAL #3

- 10 lb. Battered Boneless Wing Box \$18.00**
- 10 lbs. Boneless Battered White Meat Chicken Breast Chunks/Boneless Wings

JANUARY SPECIAL #4

- 7 lb. Premium Meat Box \$32.00**
- 3 lb. T-Bone Steaks (4 x 12 oz.)
 - 2 lb. Boneless Pork Chops (4 x 8 oz.)
 - 2 lb. Gourmet Flavored Chicken Breasts
 - 1 lb. Italian Flavor (2 x 8 oz.)
 - 1 lb. Honey Mustard Flavor (2 x 8 oz.)

JANUARY SPECIAL #5

- Premium Fresh Fruit and Veggie Box \$22.00**
- 1 Large Golden-Ripe Pineapple
 - 1 3 lb. Combo Pack (Washington State Red Delicious Apples, Granny Smith Apples and Tree-Ripened California Oranges)
 - 2 Large Tree-Ripened Ruby Red Grapefruit
 - 1 Large Premium Haas Avocado
 - 1 lb. California Carrots (Cello Bag)
 - 3 lbs. North Carolina Sweet Potatoes
 - 2 lbs. New Crop Red A-Size Potatoes
 - 2 lbs. Large-Medium Yellow Onions
 - 1 head Large Green Cabbage
 - 1 (8 oz.) Package New Crop Georgia Shelled Pecan Halves
 - 1 Package Wiley's Sweet Potato and Yam Seasoning
 - AFM January 2010 Fruit & Veggie Recipe Sheet

Orders Due: **January 11th, 2009**
Distribution Day: **January 23rd, 2009**

**ANGEL FOOD MINISTRIES ORDER FORM
HOSTED BY COLDWATER CHURCH OF THE NAZARENE**

HOW TO PLACE AN ORDER:

1. **Cash, Money Order or EBT food stamps orders and payments need to be made at the Coldwater Church of the Nazarene at 537 Sonet Lane, by 6:00pm Monday January 11h.**

The church is OPEN to take orders on:

January 6th, Wednesday
5:15pm – 5:50pm
7:10pm - 7:30pm

January 11th, Monday
10:00am – 12:00pm
4:30pm – 6:00pm

2. **Online orders and payments can be made thru Thursday 11:00am, January 13th. Please see our website at www.coldwaternaz.org for more details.**

**If you need to place an order other than these times please contact:
 David Hall at (517) -243-0030 or Cathy Hall at (517) -243-0273
 or the Coldwater Church of the Nazarene at (517) 279-9081**

Angel Food National Website - www.angelfoodministries.com
 Coldwater Church of the Nazarene Website – www.coldwaternaz.org

HOW TO PICK UP YOUR ORDER:

You need to pick up your order at 537 Sonet Lane
 at the Coldwater Church of the Nazarene
 on **Saturday, January 23rd, 2010** between **9:00am and 11:00am.**

Please bring a large box for each Signature unit you have purchased

**If you don't pick up your order or arrange pickup by 11:00am,
 the food will be donated to a needy family.**

**No refunds or credits will be available for food not picked up.
ORDERS CAN NOT BE CANCELLED AFTER JANUARY 11th**

January 10

Name		Phone No		
EMAIL	Standard Boxes	Quantity	Cost	Total
	SIGNATURE BOX		\$30	
	SENIOR & CONVENIENCE MEALS		\$28	
	ALLERGEN-FREE FOOD BOX		\$23	
	SEAFOOD PACK		\$35	
	Special Boxes	Quantity	Cost	Total
	1 – 7lb Assorted Meat Grill Box		\$23	
	2 – 5lb Assorted Meat & Chicken Combo		\$22	
	3 – 10lb Battered Boneless Wing Box		\$18	
	4 – 7lb Premium Meat Box		\$32	
	5 - Premium Fresh Fruit and Veggie Box		\$22	
				Total Due