

Signature Box \$30

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 1.5 lb. Rib-Eye Steaks (4 x 6 oz.)
- 2 lb. Lasagna Dinner Entrée
- 1.5 lb. Breaded Fish Fillets (12 ct.)
- 1 lb. Lean Ground Beef
- 1 lb. Lean All White Meat Chicken Sausage (Mild Italian)
- 1.5 lb. Country Fried Steak (4 x 6 oz.)
- 14 oz. – 16 oz. Hickory Smoked Center Cut Ham Steaks
- 1 lb. Frozen Peas & Carrots
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Sliced Zucchini
- 15 oz. Baked Beans
- 24 oz. Natural Cut French Fries
- 1.3 lb. Frozen Fruit Medley
- 2 lb. Fresh Vidalia Onions
- 32 oz. 2% Shelf Stable Milk Dozen Eggs Dessert

Convenience Meals \$28

Great for seniors and people living with diabetes!
Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens and people living with diabetes in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Mesquite Chicken with Southwest Rice Blend, Black Beans, Mesquite BBQ Sauce, Carrots & Green Beans (13.2 oz.)
- Salisbury Steak & Gravy with Red Skin Potatoes, Peas & Carrots and Cauliflower (12.9 oz.)
- Country Herb Chicken with Mashed Potatoes, Sauce, Broccoli & Green Beans and Red Pepper Blend (13.2 oz.)
- Chicken Parmesan with Fettuccini Noodles, Cheese, Marinara Sauce, Zucchini & Red Peppers and Brussels Sprouts (13.4 oz.)
- Meatloaf & Gravy with Mashed Potatoes, Peas & Carrots and Cauliflower (12.9 oz.)
- Chicken Teriyaki with Fried Rice Blend, Teriyaki Sauce, Sugar Snap Peas and Carrots (13.4 oz.)
- Chicken & Noodles with Carrots, Peas, Creamy Sauce, Corn and Brussels Sprouts (15.1 oz.)
- Swedish Meatballs with Malfada Pasta, Sauce, Broccoli & Carrots and Red Peppers and Onions (13 oz.)
- Fettuccini Alfredo with Fettuccini Noodles, Broccoli, Carrots, Alfredo Sauce, Zucchini & Red Peppers and Brussels Sprouts (13 oz.)
- Beef Stew with Potatoes, Carrots, Celery, Onions, Brussels Sprouts, Corn and Red Pepper Blend (15.3 oz.)
- Variety of Desserts and Snacks

5 lb. Allergen-Free Box \$23

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Chicken Tenders
- 1 lb. Breaded Cubed Steak
- 2 lb. Breaded Chicken Drumsticks

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

6.4 lb. Premium Seafood Variety Box \$35

- 1.1 lb. Crab Cakes (5 ct.)
- 1.3 lb. Haddock Fillets
- 1.5 lb. Crunchy Popcorn Shrimp
- 1 lb. Breaded Clam Strips
- 1 lb. Medium Raw Shrimp
- 8 oz. Mahi-mahi (2 x 4 oz.)

Just 4 Me – After School Box \$24.00

An assortment of child-friendly snacks. Great for after school or any time.

- 1.5 lb. Fish Sticks
- 1 lb. Popcorn Chicken
- 2 each Pepperoni Pizza (6.5 oz. each package)
- 2 each Peanut Butter and Jelly Jamwich (2.8 oz. each)
- 15.6 oz. Pepperoni Stuffed Breadsticks
- 2 each Twin Charbroil Hamburgers with Cheese (3.7 oz. each package)
- 2 each PBJ on Graham Wafer (2.2 oz. each)
- 1.5 lb. Mini Corn Dogs
- 7.2 oz. Mini Moon Pies (6 ct.)

Just 4 Me – After School Fruit & Veggie Box \$16.00

An assortment healthy fruit snacks especially for kids.

- 3 Red Delicious Apples
- 3 Fancy Oranges
- (4) 2 oz. packs Celery Sticks
- 1 lb. Premium Whole Peeled Baby Carrots
- 4 Chewy Granola Bars
- 12 oz. Peanut Butter
- 3 Granny Smith Apples
- 3 D'Anjou Pears
- (1) 6-pack Raisins

MAY SPECIAL #1

6.4 lb. Assorted Meat Grill Box \$23.00

- 1.5 lb. Bone-In New York Strip Steaks (2 x 12 oz.)
- 2 lb. Baby Back Ribs
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Mild Italian Sausage with Cheese

MAY SPECIAL #2

4 lb. Steak Box \$22.00

- 4 lb. Sirloin Strip Steaks (8 x 8 oz.)

MAY SPECIAL #3

12 ct. Gourmet-Flavored Chicken Breast Box \$19.00

- 4 Mesquite Chicken Breast (6 oz. ea.)
- 4 B-B-Q Chicken Breast (6 oz. ea.)
- 4 Italian Chicken Breast (6 oz. ea.)

MAY SPECIAL #4

4 for 4 Family Meals \$35.00

4 complete meals with all you need to feed a family of 4.

Beef Tips and Gravy - 1.5 lb. Beef Tips and Gravy, 1 lb. Egg Noodles, 1 lb. Vegetable Blend (zucchini, carrots, Italian beans and cauliflower)

Split Whole Chicken - 3 lb. (avg.) Whole Split Chicken, 1 lb. Stir Fry with Vegetables, 1 lb. Green Beans

Choice Roast Beef - 1.5 lb. Choice Roast Beef, 1.5 lb. Potato Medley, 1 lb. Green Beans

Baby Back Ribs - 2 lb. Baby Back Ribs, 1 lb. Corn, 1 lb. Green Beans

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT).
Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

MAY SPECIAL #5

Premium Fresh Fruit and Veggie Box \$22.00

- 1 head Cello Lettuce
- 1 head Sleeved Romaine Lettuce
- 1 lb. bag Fresh California Carrots
- (1) 6 oz. pack Radishes
- 1 Red Onion
- (1) 5 oz. bag Fresh Gourmet Salad Croutons
- 1 (16 oz.) Salad Dressing
- 3 lb. bag Idaho Potatoes
- 2 lb. bag Jazz Apples
- 3 lb. bag Oranges
- 1 Package Roma Tomatoes
- 6 California Lemons

MAY SPECIAL #6

Bit O' Blessing \$21.00

- 28oz Salisbury steak and Gravy Dinner Entrée
- 12" Supreme Pizza
- 1lb Steak Fajita Strips
- 1lb Kielbasa Sausage
- 2lb Heat & Serve Broccoli & Cheese Soup
- 2lb Heat & Serve Green Beans
- 1lb Corn
- 1lb Hash brown Patties
- Pie

Orders Due: May 10th
Distribution Day: May 22nd

**ANGEL FOOD MINISTRIES ORDER FORM
HOSTED BY COLDWATER CHURCH OF THE NAZARENE**

HOW TO PLACE AN ORDER:

1. **Cash, Money Order or EBT food stamps orders and payments need to be made at the Coldwater Church of the Nazarene at 537 Sonet Lane, by 6:00pm Monday May 10th.**

The church is OPEN to take orders on:

May 5th, Wednesday
5:15pm – 5:50pm
7:10pm - 7:30pm

May 10th, Monday
10:00am – 12:00pm
4:30pm – 6:00pm

2. **Online orders and payments can be made thru Thursday 11:00am, May 13th. Please see our website at www.coldwaternaz.org for more details.**

**If you need to place an order other than these times please contact:
 David Hall at (517) -243-0030 or Cathy Hall at (517) -243-0273
 or the Coldwater Church of the Nazarene at (517) 279-9081**

Angel Food National Website - www.angelfoodministries.com
 Coldwater Church of the Nazarene Website – www.coldwaternaz.org

HOW TO PICK UP YOUR ORDER:

You need to pick up your order at 537 Sonet Lane
 at the Coldwater Church of the Nazarene
 on **Saturday, May 22nd, 2010** between **9:00am and 11:00am.**

Please bring a large box for each Signature unit you have purchased

**If you don't pick up your order or arrange pickup by 11:00am,
 the food will be donated to a needy family.**

**No refunds or credits will be available for food not picked up.
ORDERS CAN NOT BE CANCELLED AFTER MAY 10th**

May 10

Name		Phone No		
EMAIL	Standard Boxes	Quantity	Cost	Total
	SIGNATURE BOX		\$30	
	SENIOR & CONVENIENCE MEALS		\$28	
	ALLERGEN-FREE FOOD BOX		\$23	
	SEAFOOD PACK		\$35	
	AFTER SCHOOL BOX		\$24	
	AFTER SCHOOL FRUIT BOX		\$16	
	Special Boxes	Quantity	Cost	Total
	1 – 6.4lb Assorted Meat Grill Box		\$23	
	2 – 4lb Steak Box		\$22	
	3 – 12 ct. Gourmet-Flavored Chicken Breast Box		\$19	
	4 – 4 for 4 Family Meals		\$35	
	5 – Premium Fresh Fruit and Veggie Box		\$22	
	6 – Bit O' Blessing		\$21	
				Total Due